

## Human Dignity

After a meeting with a “student“ and a later following letter-exchange with a friend, the subject of dignity came to me for a Lesson.

It was the friend who reminded me of the mentioning of dignity in various constitutions of nations, the German and also the American are good examples. Human Dignity is considered inviolable. To protect it is an obligation according to article 1 in the German construction.

At the same time I listened to an interview on the radio with the author Donna Hicks. She wrote a book on human dignity and now travels around the world as a speaker and instrument for conflict resolving dialogue.

While listening to her and also hearing the questions of the interviewer David Freudberg, I recognized a discrepancy between him and the author, who believes human dignity to be in need of protection.

### What do you believe?

Is human dignity in need of protection?

Or isn't it? If yes, why? If no, why not?

What IS human dignity in the first place?

How does it look, how can it be recognized, what is it depended on?

Do you know your own? Does *it* need protection? And if yes, whose?

Who is the protector?

Is it injured dignity, when you feel insulted or when respect is withheld from you?

Is there something that is inherent in dignity, something with which it is one?

In Love



Are you aware of the film: *In the beginning there was light?* (Rüdiger Dahlke)  
a documentary about people who no longer eat - very interesting