

Being or Seeming?

My attention has been captivated lately by the seemingly hard (sticky!) thresholds that keep individuals from communicating well. I recognize reactions in their faces that speak of defensive positions and quick-minded attempts to get things under control before feeling scratched.

Much of what people hear or assume to have heard creates discomfort and resentment, a reaction caused by the belief that there is great need for defense. In other words: they wish to *keep* whatever they believe is threatened. God within, however, is never ever in danger of losing brilliance or fullness. To the contrary, IT can only shine/live through us once the varnish (pretense) finally shows cracks and allows passage.

Of course, the self needs defense, right? Really? Perhaps it depends what we mean by “self”. What or who is the “self”? Isn’t it rather the self-image that we consider so valuable and vulnerable that we don’t want to let it go - at all cost- no matter *how* hard truth is pushing us?

Here comes the first argument. Whatever is Truth? I give a few ideas, for the sake of discernment that we all *have to learn* on our path:

- Someone called me and said: „I regularly smoke pot again“ . To my question „Why?“ he answers irritably: „That is my truth“. Was this his truth? And if not what do you believe was the truth?
- I sit facing someone and she says: I do not know what I can do“. Is that here truth? As soon as I answer “yes, you do”, ideas come to her. What then would have been the truth?
- He says: „He can go hang himself! “ Is that the truth? If not, what is the truth?
- She wrote: “I have to find my “I”. The letter had 23 (!) sentences with “I”. What is she I seeking?
- Someone is and remains angry with someone else. Is that truth or does this truth cover up some other truth? If yes, which truth is covered up? Perhaps you have you won example?
- Truth will set you free. Is that true?
- Does Truth need justification?

Most of the time, truth is hidden, as people do not like to admit what is really going on inside and what resentments they are nursing and justify *against* experiences. When and why do you have a hard time expressing and living truth? What risk do you fear to be taking? What are you giving up or would have to give up?

Quick answers will not help us nor will spiritually enhanced explanations. We do have everything quite ready in our heads, especially if we have read enough. Only experiences, however, will force us to take a closer look, to wake up, to develop back bone, and stand straight.

There is a thread – an orientation, direction – which can be seen in honesty and integrity. Can you discern and name it based on these examples?

And something more:

Seeming and Being appear very close to one another at times.

Sometimes they overlap symbiotically making it difficult for us to discern them. Our head (human mind) can quickly recognize Truth, confirm it and repeat it without ever having experienced it, perhaps even avoiding experiencing it.

The conflict created by truth-babbling and inexperienced truth lets people stagnate on their journey while they actually may consider themselves conscious. However, no inexperienced knowledge leads to Wisdom!

Greetings, filled with Love to all of you

Christa