

COMFORT

You are longing for comfort.

True comfort is neither in avoidance, nor is it in hiding yourself in your bed of obliviousness and unconsciousness.

True comfort lies in truth alone and in the knowingness that is experienced as the fruit of a wakeful and discerning mind.

True comfort lies in overcoming fear by experiencing life and that which you fear.

True comfort lies in walking through the dessert and knowing all about thirst, walking through the night and knowing all about darkness, and walking through all painful experiences and knowing all about man's suffering.

True comfort lies in truth alone and not in anything dreams and illusions produce to cover up what needs to be faced. Nor does it lie in any of the contents of adiction that you may use to protect you from your feelings.

True comfort lies in resting in the arms of God and knowing that no matter what happens, it will always lead you to a closer relationship with yourself and Him.

Christa