

To all Friends

To all, who have been here once or more often

To all who had planned to come

I greet you sincerely and wish - newly or repeatedly - all the Best for the New Year. May you all stay well and healthy and may you always remember where your health comes from and rejoice in the Spirit despite all the turbulences in the world.

For my 75th birthday I received a congratulatory note that deeply touched me, for it reflected exactly what I felt:

Another year was added towards the completion of your life

The years have been and still are filled with my love for God, Christ and Humanity in this holy communion and connectedness. My work is shifting: I feel called to re-focus on what was already given years ago. It does not need to be repeated here (see Home and Purpose on the website).

This year, the land of Living Spring will be placed into a Trust so that it may continue to serve God's work/intent/plan.

I am currently in contact with a young couple from Colorado who since some years have worked with children - in summer camps and home schooling. They both have also extensive experiences with self-sufficient living, land stewardship, animals and gardening. They have expressed interest to extend their work with children and accept foster children into their family to raise with their own two children as soon as they find a bigger piece of land. They are also wishing for an extended community of families who share their interest but also bring experience and know-how for such a venture.

For me and those who gather around me it will be thus *from now on*:

- The new house on Living Spring is open for prayer and meditation at specific times to anyone: mornings, noon and evenings; hours and silence are part.
- Prayer and meditation are centered on communion with God (no matter what name you give the Source of all Life) ***in gratitude and praise.***
- The opportunity for silent retreats for a day or longer will remain. Registration is required
- Work and life together will mostly be in silence - with room for necessary everyday life verbal clarifications and decisions.
- There will continue to be opportunity for spiritual guidance and confession.

Christa

- The focus will be on Here and Now - not on future or past.
- As of immediately only guests with need and desire for **spiritual guidance and devoted to a practice of mindfulness** will be accepted - anyone who seeks diversion or ego-centered "self-awareness" will have to find it somewhere else. We will ask for your motivation, possibly in written form.
- As of immediately, we will no longer offer car service to or from the airport. Cab service is available from Billings.

My experience has taught me that for many individuals **resistance** to the Only Source of Life and Healing weighs greater than the **desire to surrender their fear to faith**. No one can assist anyone to give up fear. It has to be handed in.

Living Spring will now rest on the certainty that

- everything has already been said that is needed for wholeness
- everyone has been and still is invited to hear what has been said and follow it
- everyone will one day have to risk to trust
- everyone *can* choose to live consciously
- everyone *can* choose to practice every day what he/she has recognized
- everyone chooses and decides all the time
- everyone experiences the consequences of choice and decision

It gladdens me, should you join me in this new "adventure" of Living Spring and join me in the daily practice of prayer, contemplation and mindful work - no matter where you live, dwell or work.

Let your own life henceforth become a prayer in thought and action.

Sincere greetings from my heart to yours.

Be mindful and always remember that life is easy and good.

Filled with His love

Christa

P.S. There is also a new text: Thoughts on prayer